

Feeling lonely?
— We're here to listen.

SeniorLonelinessLine
A STATEWIDE SERVICE OF Plines life

(503) 200-1633 | 800-282-7035

SeniorLonelinessLine.org

We provide:

- \checkmark A friendly person to talk to when you need one
- √ Someone to listen
- \checkmark Emotional support and understanding
- √ Resources and referrals
- ✓ Grief support
- √ Elder abuse prevention and counseling
- √ Suicide intervention